



Koshiki Karatedo Cup 2024 Koshiki Pan American Championships 2024

Dear Senseis and karatekas,

We are pleased to invite you to the 6th edition of the Koshiki Karatedo Cup. The event will take place on March 23, 2024 in Mirabel, Quebec, Canada. The competition is open to all styles and ages. It will aim to provide an opportunity for young and old to test their abilities in a safe, respectful and courteous environment. This year, the Koshiki Karatedo Cup will also serve as the Pan American Championships sanctioned by the World Koshiki Karatedo Federation. To highlight the event, we will have a guest of honor the chief instructor of the World association of Karatedo Shorinjiryu Kenkokan and World Koshiki Karatedo Federation, Hanshi Masamitsu Kudaka 8th Dan and 10 times world Champion. He will take the opportunity to conduct several seminars that will be open to all during the days preceding and following the event.

Participants will be able to compete in two disciplines, kata and combat (shiai). The categories will be determined according to the age, level, weight and gender of the participants. The rules will be those of the international Koshiki which were used during the last world championships. The junior divisions will be governed by the rules of the W.K.K.F. with some modifications from the Canadian association (see summary of rules below). The judges and referees will all be certified by the World Koshiki Karatedo Federation or recognized by the senior referee being an executive member of the W.K.K.F..

There will also be, as for previous editions, a friendly competition between the dojos present. The winner will be the one having accumulated the most points according to the ranking of its participants in each category.

For information on registration and regulations, go to <http://koshiki-canada.com/index.php/en/seminars-tournament-2024/>. Please send your list of participants before Sunday March 17 at 00:00.

For any questions, you can write directly to pelletier.kevin@hotmail.com

Hope to see you in great shape!

Thank you!

The organizing committee
W.K.K.F. - CANADA

Informations

Date : Saturday March 23rd 2024

Place : Complexe Val d'espoir
17700 Rue du Val d'Espoir, Mirabel, QC J7J 1V7

Time : 8h00 to 8h45 Registrations
9h00 Beginning of competition

Coût : 60\$ per participant

Cash Payment

or

By checks payable to : Association Canadienne et Panaméricaine de Karatedo Koshiki

Events : Kata and Shiai

Registrations : Via excel file Available for the senseis at
<http://koshiki-canada.com/index.php/en/seminars-tournament-2024/>

Please, send the file before March 17th 2024 to pelletier.kevin@hotmail.com.

Brown or black belts wishing to referee must be entered in the excel file as well. They will be selected and placed according to their competence and experience.

Make sure that each participant has with him the liability waiver document (Sent with the excel file) signed on the day of the tournament.

Rules

Kata :

- There will be 3 judges for the color belt categories (white to green) and 5 judges for the brown and black belts
- The scoring mode will be done according to the international model of WKKF (World Koshiki Karatedo Federation). Maximum scores are 150 for 3 judge categories and 250 for 5 judge categories.
- All categories will be judged by the same criteria

Shiai :

- **Hands and feet should be bare.** Some protectors can be used exceptionally for medical reasons. The only areas protected will be the body and the face.
- **Protective equipment allowed:**
 - All Super Safe branded equipment for the body (chest) and face (helmet)
 - Any other equipment equivalent to Super Safe protections must be approved by the organizer or senior referee (Hanshi Nadeau or shihan Pelletier)
 - The athletic support (jackstrap) is mandatory for the boys, it is your responsibility to obtain one.
- **Combat area:**

The shiai-jo will be 9 meters by 9 meters for adults and minimum 7 meters by 7 meters for juniors. At a minimum, a shiai-jo will be on a tatami surface (therefore projections allowed). The shiai-jo will be identified by letters.
- **Referees:**

Each contest area will be staffed by a head referee, two corner judges and a table referee. The head referee must have at least a grade C certification in Koshiki or be recognized by the senior referee
- **The duration of battles:**
 - 2 minutes for ages 13 and under
 - 2 minutes 30 seconds for 14-17 year olds
 - 3 minutes for adult and black belts
- **Point system:**

The outcome of the fight is determined by the number of wazaari (points) scored by each of the fighters.

 - Punch = 1 wazaari
 - Technique Ate, uchi (cuff, nudge, etc...) = 1 wazaari
 - Kick/knee = 2 wazaari

A point is awarded only if the technique that hits the target (helmet or breastplate) is beautiful, controlled and strong enough. Points can also be made if the opponent shows their back and a controlled NO CONTACT technique is done behind the head or behind the back.

- **Penalties:**

A point or warning can be given to the adversary for each exit from the combat area.

A point or a warning can be given to the opponent if he makes a fault (uncontrolled technique, contact in an unprotected area, grabbing the equipment, etc.). This may result in the disqualification of the participant if he commits several consecutive faults or following a serious fault.

No excessive and uncontrolled contact will be tolerated to the face and will result in a penalty or disqualification. □

- **Throws :**

Throws are allowed ONLY on the combat areas with tatami,

Each throw must be followed by a striking technique or at least an attempt to perform a striking technique. □

- **Ippon (full point):**

If the participant is able to make an ippon (full point) he automatically wins his fight.

3 ways to make an ippon:

1. A technique executed perfectly and with enough power in the protections which has the effect of knocking the opponent down, destabilizing him physically (making him dizzy or short of breath) or causing him to give up. No such Ippon will be awarded to the face for categories under 18

2. A perfectly executed technique immediately after sweeping or mowing.

3. 3 very well executed consecutive techniques without interruption or counter from the opponent □

- **Extension if tied:**

In case of a tie at the end of the fight, an extension of one minute will be added to it (encho-sen).

If there is still a tie following this, a final extension will be added and the first of the two fighters to score a point (wazaari) will win the fight.

Koshiki Canada Cup:

The Koshiki Cup is a scoring system based on the number of wins each dojo has had.

- 1st place: 4 points
- 2nd place: 3 points
- 3rd place: 2 points
- 4th place: 1 point

The dojo with the most punches by accumulating the results of each student will win the Koshiki Canada Cup.